

WHERE TO GO

Basic Resource For Inner City Perth



**Bed
Meal
Doctor
Shower
Advocacy**

DAY SUPPORT

(Other relief services also provided)

Australian Red Cross

Soup Patrol – Monday to Sunday

282 Murray St, Red Cat bus stop No 28, 6.45 pm
Perth Esplanade, Car Park Opp Wesfarmers, 7.00 pm
Wellington St, area by yellow Cat & YHA, 7.15 pm
Red Cross HQ, 110 Goderich St, Park, 7.30 pm
Wellington Sq, verge next to toilet block, 7.45 pm
191-5 Newcastle St, by Tom Burke House, 8.00 pm
Phone 9225 8888

Christian Centre for Social Action

Old Post Office Building, 879 Albany Hwy, Vic Park
Open Monday to Friday 9.00 am – 3.00 pm
Free lunch Monday to Friday 12.30 pm
Evening Meal Wednesday 7.00 pm
All day tea or coffee
Phone 9472 4227

Citiplace

Upper Level, City Rail Station Complex, Perth
Morning & afternoon tea/coffee and cake
Monday to Friday from \$2.20
Breakfast Monday to Friday
8.30 am to 10.00 am from \$5.00
Lunch Monday to Friday for \$6.50 11.00 am - 1.30 pm
Phone 9325 3264

Genesis

108 Beaufort St, Northbridge
(Cnr Newcastle and Beaufort St, Northbridge)
Meals in the Park Monday to Friday 12.00 noon
Showers Monday to Friday 10.00 am - 2.00 pm
Phone 9227 1780

Hope Inc

142-146 Beaufort St, Northbridge
Phone 9427 5013

St Vincent de Paul

Mon to Fri 9.00 am - 1.00 pm Phone 1300 794 054

Manna Industries

Primary Street Feeding Program
Free evening meal
Weld Square Park, Beaufort St, Perth
Sunday to Friday at 5.00 pm
Mobile 0410 506 038

Passages (12 to 25 years)

22 Palmerston St, Northbridge
Cook your own lunch
with a group Tuesdays at 1.00 pm
Friday BBQ 11.00 am - 1.00 pm
Showers Monday to Thurs 9.00 am - 4.00 pm
Friday 9.00 am - 1.00 pm
Phone 9228 1478

Ruah Centre

33 Shenton St, Northbridge
Drop in for **free tea or coffee**
Shower Monday to Friday 9.00 am - 1.00 pm
Phone 9328 7682

St Alban's Soup Kitchen

423 Beaufort St, Highgate
Free Saturday from 5.30 pm - 7.00 pm
Phone 9328 8071

St Bartholomew's

78 Brown St, East Perth
Evening meal Everyday at 5.00 pm for \$8.00
Phone 9323 5100

Salvation Army Soup Patrol

Free soup and rolls at the following times and locations:
Supreme Court Gardens 8.00 am
Wellington Square 8.30 am
Phone 9227 1780



Published by  

170 Whatley Crescent, Maylands WA 6051

Ph: & Fax: 9371 9109

Information current as at October 2009

The Shopfront

170 Whatley Cres, Maylands
Networks & connects people with agencies.
Drop in for **tea, coffee & sandwich**
Monday to Friday 12.00 pm - 3.00 pm
Simple meal Monday 6.30 pm—8.30 pm
(except Public Holiday) & Tuesday and
Wednesday evening 6.00 pm - 8.30 pm
Phone 9371 9109

Tranby

6/5 Aberdeen St, East Perth
Breakfast (cereals) Monday to Friday
7.00 am - 12.00 noon
Showers and shave (50c)
Sunday to Thursday 7.30 am - 12.00 noon
Phone 9220 1200

HELPLINES & HOMELESSNESS

Crisis Care Referral Service (24 hrs)
Phone 9223 1111

Graceville Centre

Refuge for Women 25 yrs & over with or
without children
Phone 9328 7284

Homeless Helpline (24 hrs)

For vacancies in hostels
Phone 1800 065 892

Ruah Aboriginal Women's Service

**Anawim Refuge, Karlamia Day Centre &
Karlamia Night Shelter**
Phone 9328 7562

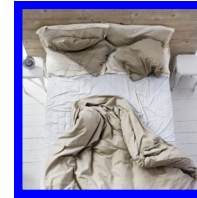
Women's Domestic Violence Helpline

Phone 1800 007 339 or 9223 1188 (24 hrs)

ACCOMMODATION

OVER 18 YEARS

Croft (males & females)
833 Beaufort St, Inglewood
Phone 9370 4292



55 Central Inc (males)
Cnr Guildford and Peninsula Rd, Maylands
Phone 9272 1333

Lentara Men's Hostel

9 Aberdeen St, Perth
Phone 9328 3102

St Bartholomew's House (males)

78 Brown St, East Perth
Phone 9323 5100

Tanderra Men's Hostel

68 Guildford Rd, Mt Lawley
Phone 9271 1209

YMCA - Jewell House (males & females)

180 Goderich St, East Perth
Phone 9325 8488

YOUTH

Perth Inner City Youth Services (16-25 yrs)

22 Blencow St, West Leederville
Phone 9388 2792

ADVOCACY

Daydawn Advocacy Centre

Advocacy for Aboriginal People
9/5 Aberdeen St, Perth
Phone 9218 8035

Domestic Violence Advocacy Service

Phone 9226 2370 (24hrs)

MEDICAL

STREET DOCTOR

Mobile 0410 308 608

Times and Locations

Monday 9.00 am - 3.00 pm
Passages, 22 Palmerston St, Northbridge
Tue 5.30 pm - 9.00 pm, Pier/Wellington Sts,
Thur 5.30 pm - 9.00 pm, Pier/Wellington Sts,
Sat 5.30 pm - 9.00 pm, Pier/Wellington Sts,

MOBILE GP

The Ruah Centre

33 Shenton St, Northbridge
Tuesday & Thursday 10.30 am - 12.30 pm
Phone 9328 7682

Tranby

6/5 Aberdeen St, East Perth
Thursday from 8.30 am
Phone 9220 1200



DETOX CENTRES

Bridge House (males and females)

11-15 Wright St, Highgate
Phone 9227 8086

Mission Australia (15-18 yrs)

Detox, Drug and Alcohol Youth Services
129 Hill St, East Perth
Phone 9222 6373

Next Step (males & females)

Residential Withdrawal Unit
32 Moore St, East Perth
Phone 9219 1919